



AUGUST 2026 MONTHLY MENU

TRINITY A.M.E. EARLY LEARNING CENTER



B BREAKFAST L LUNCH S PM SNACK

WEEK
1

MON • AUG 3

B: 1% & Whole Milk, Pears, Cheerios
L: 1% & Whole Milk, Chicken & Rice, Carrots, Pears, Whole Grain Bread
S: Apple Juice, Graham Crackers

TUE • AUG 4

B: Corn Flakes Cereal, 1% & Whole Milk, Sliced Peaches
L: Turkey Meatballs, Pineapples, 1% & Whole Milk, Mashed Potatoes, Green Beans, Whole Grain Bread
S: Animal Crackers, Orange Juice

WED • AUG 5

B: 1% & Whole Milk, Mandarin Oranges, Cheerios
L: 1% & Whole Milk, Chicken Alfredo Pasta, Mixed Vegetables, Sliced Oranges, Whole Grain Bread
S: Grape Juice, Gold Fish Crackers

THU • AUG 6

B: 1% & Whole Milk, Pears, Cheese Grits
L: Sloppy Joes, Corn, Whole Grain Buns, 1% & Whole Milk, Sliced Peaches
S: Apple Juice, Teddy Grahams

FRI • AUG 7

B: 1% & Whole Milk, Corn Flakes Cereal, Applesauce
L: 1% & Whole Milk, Turkey Sandwiches, Sliced Cheese, Carrots, Sliced Apples, Whole Grain Bread
S: Orange Juice, Cheese Bits

WEEK
2

MON • AUG 10

B: Cereal, 1% & Whole Milk, Peaches
L: 1% & Whole Milk, Turkey & Macaroni, Green Beans, Whole Grain Bread, Sliced Oranges
S: Orange Juice, Animal Crackers

TUE • AUG 11

B: Apple Cinnamon Muffins, 1% & Whole Milk, Pears
L: 1% & Whole Milk, Chicken Sandwiches, Mixed Vegetables, Whole Grain Buns, Sliced Apples
S: Apple Juice, Graham Crackers

WED • AUG 12

B: 1% & Whole Milk, Oatmeal, Applesauce
L: 1% & Whole Milk, Grilled Cheese Sandwiches, Green Beans, Sliced Peaches, Whole Grain Bread
S: Grape Juice, Gold Fish Crackers

THU • AUG 13

B: 1% & Whole Milk, Mandarin Oranges, Cheese Grits
L: 1% & Whole Milk, Teriyaki Chicken, Mashed Potatoes, Pineapples, Whole Grain Rolls, Carrots
S: Apple Juice, Teddy Grahams

FRI • AUG 14

B: 1% & Whole Milk, Peaches, Corn Flakes Cereal
L: 1% & Whole Milk, Turkey Burger, Peaches, Whole Grain Buns, Corn
S: Orange Juice, Cheese Bits

WEEK
3

MON • AUG 17

B: 1% & Whole Milk, Pineapples, Apple Cinnamon Muffins
L: 1% & Whole Milk, Chicken Strips, Carrots, Mixed Fruit, Whole Grain Rolls
S: Grape Juice, Cheese Crackers

TUE • AUG 18

B: 1% & Whole Milk, Oatmeal, Peaches
L: 1% & Whole Milk, Macaroni & Cheese, Yams, Whole Grain Rolls, Mandarin Oranges, 100% Fruit Juice
S: 1% & Whole Milk, Peaches

WED • AUG 19

B: 1% & Whole Milk, Mandarin Oranges, Muffins
L: 1% & Whole Milk, Turkey Spaghetti, Corn, Pears, Whole Grain Rolls
S: Orange Juice, Gold Fish Crackers

THU • AUG 20

B: 1% & Whole Milk, Cheese Grits, Applesauce
L: Carrots, Turkey Meatballs, 1% & Whole Milk, Peaches, Whole Grain Rolls, Green Beans
S: 1% & Whole Milk, Carrots & Ranch Dressing

FRI • AUG 21

B: 1% & Whole Milk, Corn Flakes, Pears
L: 1% & Whole Milk, Sloppy Joes, Broccoli, Pineapples, Whole Grain Buns
S: Apple Juice, Animal Crackers

WEEK
4

MON • AUG 24

B: 1% & Whole Milk, Cheese Toast, Pears
L: 1% & Whole Milk, Chicken & Rice, Carrots, Pears, Whole Grain Bread
S: Apple Juice, Graham Crackers

TUE • AUG 25

B: Oatmeal, 1% & Whole Milk, Sliced Peaches
L: Turkey Meatballs, Pineapples, 1% & Whole Milk, Mashed Potatoes, Green Beans, Whole Grain Bread
S: Animal Crackers, Orange Juice

WED • AUG 26

B: Blueberry Muffins, 1% & Whole Milk, Mandarin Oranges
L: 1% & Whole Milk, Chicken Alfredo Pasta, Mixed Vegetables, Sliced Oranges, Whole Grain Bread
S: Grape Juice, Gold Fish Crackers

THU • AUG 27

B: 1% & Whole Milk, Pears, Cheese Grits
L: Sloppy Joes, Corn, Whole Grain Buns, 1% & Whole Milk, Sliced Peaches
S: Apple Juice, Teddy Grahams

FRI • AUG 28

B: 1% & Whole Milk, Corn Flakes Cereal, Applesauce
L: 1% & Whole Milk, Turkey Sandwiches, Sliced Cheese, Carrots, Sliced Apples, Whole Grain Bread
S: Orange Juice, Cheese Bits

WEEK
5

MON • AUG 31

B: 1% & Whole Milk, Sliced Apples, Cheerios
L: 1% & Whole Milk, Peaches, Chicken Strips, Whole Grain Rolls, Corn
S: Grape Juice, Graham Crackers

